

St. Kateri Tekakwitha Parish

Office: 1500 Hanwell Road, Fredericton NB E3C 1N3 Phone (506) 444-6021

Father Bill Brennan, Parish Priest Website: stkateri.ca Email: office@stkateri.ca

Mass Schedule: St. Ann's Sunday @ 9:30 am/Holy Family Saturday @ 4:30 pm and Sunday @ 11:00 am

February 1st, 2026 – 4th Sunday in Ordinary Time

LENT 2026

ASH WEDNESDAY SERVICES – FEB 18TH

10:30 am, Holy Family Church

3:00 pm, St. Ann's Church

7:00 pm, Holy Family Church (this Mass will be live-streamed).

The Little Black Book – Lent 2026: Now available in the church lobby. Suggested donation \$2. Each which can be dropped in the basket provided. Thank you!

Schedule of Weekday Masses during Lent:

Monday, February 23rd, 7pm, Holy Family Church

Tuesday, February 24th, 10:30am, St. Ann's Church

Monday, March 2nd, 7pm, Holy Family Church

Tuesday, March 3rd, 10:30am, St. Ann's Church

Monday, March 9th, 7pm, Holy Family Church

Tuesday, March 10th, 10:30am, St. Ann's Church

Monday, March 16th, 7pm, Holy Family Church

Tuesday, March 17th, 10:30am, St. Ann's Church

Monday, March 23rd, 7pm, Holy Family Church

Tuesday, March 24th, 10:30am, St. Ann's Church

Note: Each Mass will be followed by one hour of Adoration of the Blessed Sacrament. If Fr. Bill is unable to celebrate a weekday Mass, a Stations of the Cross will be held.

Lent Reflection Sessions and Group Discussions:

Saint Kateri Tekakwitha Parish is offering an opportunity to enter into the Lenten Season by offering 7 sessions of prayer, reflection and discussion using the book, "Show Me The Way: Daily Lenten Readings" by Henri J.M. Nouwen. Henri Nouwen, was a Dutch Catholic priest, theologian, professor and author best known for his deeply personal writings on spirituality and community.

The first session will take place on **Thursday, February 12th (introduction session and book distribution) at 7pm at Holy Family Church**. Other sessions to follow on February 19th & 26th, March 5th, 12th, 19th and 26th. If you are interested in participating in these sessions and to ensure we have adequate number of books, please see the sign-up sheet in the lobby of the Church.

This Lent, enrich your spiritual journey by creating space to listen to God's calling amidst the busyness of life's demands. In the words of Henri Nouwen, a master of prayer, "Praying means above all listening to the voice of Jesus, who dwells in the depths of the heart."

We hope to see you on February 12th. If you have any questions, please speak to Judy Kelly who will be the facilitator for these sessions (506-478-7274).

Food Bank Campaign for Lent: We are sure you all remember this tower we built last year during Lent as part of our Lenten campaign for the Food Bank. With Lent just around the corner, we are again asking you to donate the following items for the food bank: tomato soup, tomato sauce, tomato paste, crushed or stewed tomatoes, pasta etc. Essentially it is the **'everything tomato and pasta'** campaign.



Donations will be accepted all throughout Lent – let's get busy building a new tower!!

A very special **'thank you'** for all the donations last weekend for Cookie Sunday Weekend! Your gifts are a blessing and your generosity is making a much-needed impact on those who need it most!



Parish Call Out Program – STAY INFORMED! We are doing this to reach out to as many parishioners as possible to keep them informed of activities in the Church. Building a relationship is about keeping in touch. Please let us know if you or anyone

you know would like to be part of our program by contacting the office at 444-6021, or email: office@stkateri.ca

Grandmothers Helping Grandmothers is a local charitable organization whose Fund Raising Projects support grass roots organizations in Subsaharan Africa through the Stephen Lewis Foundation & Help Lesotho. New members are welcome; you don't have to be a grandmother. **Our rescheduled meeting will be on Monday, Feb.02, at 1:30 pm** in the basement of Holy Family Church on Hanwell Rd. Come to the meeting & learn more.

READINGS for February 1st

First Reading: Zephaniah 2:3; 3:12-13

Second Reading: 1 Corinthians 1:26-31

Gospel: Matthew 5:1-12

Responsorial Psalm: Blessed are the poor in spirit; the kingdom of heaven is theirs"

Mass Intentions at St. Ann's

Feb 1st For the People

Feb 8th Pauline Francis

Feb 15th Don Cameron Jr.

Feb 22nd McKerral Family

Mass Intentions at Holy Family

Jan 31st Martin Clark

Feb 1st Jim Hanusiak / Laura Gaul

Feb 7th For the People

Feb 8th Louise Mason / Father Jack Dolan

Feb 14th Fred & Rita Burgoon

Feb 15th Nicole Mary Bourcier

Feb 21st Norah Marshall

Feb 22nd For the People

Feb 28th Norma Browny

Mar 1st For the People

READERS AT ST. ANN'S

Feb 1st Carolann Doherty

Feb 8th Betty Colligan

Feb 15th Mike Solomon

Feb 22nd Lawrence Cameron

READERS AT HOLY FAMILY

Jan 31st Paula Ryan / Anna Mae Snider

Feb 1st James McGroarty, Clair/Sophia Obi
Genevieve Obi, Oma Okoye

Feb 7th Mary Beth Gorey / Roly McSorley

Feb 8th Chinyere Alozie / Norma Downing
Anuli Ezeokafor / Debbie Landau

EUCCHARISTIC MINISTERS AT HOLY FAMILY

Jan 31st Ron Breau/ Harold DeCoursey

Feb 1st Sadie Cameron / Dorothy Blanchard

Feb 7th Wanda Cairns / Margie Snell

Feb 8th JoAnne Linton / Verna McCloskey

Rosary - Rosary is prayed every Thursday morning at 1030 at Holy Family. During Ordinary Time we will be reciting the Luminous Mysteries. All are welcome to attend.

SHARE LENT 2026 Workshop: The Saint John Diocesan Council for Development and Peace will be holding a **Share Lent Workshop on Saturday, February 7, at Holy Family Church, Fredericton**, beginning **at 10 am to 2 pm**. Our Maritime Animator, Adah Ogbe, will be presenting the workshop for our 2026 campaign **"On Track for Justice"**. The workshop will gather at 9:30 am for a meet and greet, and the session begins at 10 am. Lunch will be provided on site. All are welcome. If you cannot come in person, you can take part virtually by registering on the link below. After registering, you will receive a confirmation email with the link to join the meeting on Feb. 7. Hope to see you on Feb. 7.

Valentine's Day Market
February 7th 11am – 3pm
Wulastukw Wolokehkitimok,
712 Church Street, Kingsclear.
All proceeds go towards our
2026 Biliжk Pow Wow.
(see poster for more info)

Steubenville Atlantic Youth Conference & LEAD Registration is now open. This is a call to all high schoolers to come and explore how Jesus meets our deepest longing for meaning, joy, and love. Join hundreds of Catholic teens at **Steubenville Atlantic in Halifax, July 10–12, 2026**, and encounter the transforming love of Christ. Youth in grade 9 through grade 12 are welcome to attend.



We interviewed some youth and a chaperone from last year's event and this is what they had to say about their experience. Thank you to members of the Ezeokafor family for

sharing their experiences from the 2025 conference.

Youth:

Q: Would you attend another Steubenville rally in the future and what advice would you give to someone who's never been to an event like this?

A: *Yes, I would, and my advice to a newcomer would be: sleep early because you need to rest for the action-filled weekend!*

Q: If you could describe the event in one word, what would it be and why?

A: *Radical, because it truly calls you to make a genuine change in your life.*

Q: What was the most impactful part of the rally for you?

A: *I really loved all the singing and the way we started every session in the auditorium with concert-like singing.*

Q: How has your faith been strengthened or changed since the rally?

A: *I feel I understand Jesus a bit more than before this rally.*

Chaperone

Q: How would you describe your overall experience as a chaperone at the rally?

A: *It was a humbling experience being a chaperone, I expected to be a literal chaperone, but I discovered my role was not just to accompany and supervise, but to also be a 'small group leader' and have sessions with the teens assigned to me, to break down what was learned and help them understand and see how to apply it in their lives. That took me outside of my comfort zone, but God's grace abounded.*

Q: What was your favorite part of the experience?

A: *It would be hard to pick one thing; everything was so spiritually enriching: Praise and Worship, Mass, Adoration, the talks, Confessions, Prayer Labs... If I absolutely had to pick one thing though, it would be a tie between Eucharistic Adoration and Mass.*



If you are interested as a youth or a chaperone, you can learn more

at <https://www.steubenville.ca> or to register click on the following link: [Steubenville Registration](#). You may also speak to Sharon Watts, Fr. Bill, or Patricia Lee, Director of Catechesis, Diocese of Saint John: 506-627-6465 or email catechesis@dioceseofsaintjohn.org

Summary of Support for January 24 & 25

Regular/Loose	\$ 4,139.30
PAD (wkly. average)	2,298.46
St. Patrick's Cemetery	25.00
Indigenous Reconciliation Fund	1,980.00
New Year's	25.00
Christmas	20.00
TOTAL	\$ 8,487.76

OPTIONS FOR OFFERTORY DONATIONS:

1. *Pre-Authorized Debit (PAD). Forms are at the entrance of the churches. Return to parish office.*
2. *Mail: St. Kateri Tekakwitha Parish, 1500 Hanwell Road, Fredericton NB E3C 1N3.*
3. *Electronic Funds Transfer to office@stkateri.ca*

Our Sacred Stories

Blessing: In What Does God Take Delight?

(Fr. John Jennings)

Many years ago, traveling in Ireland, I was surprised by an encounter I had in a pub. More than good ale and stout, I discovered a surprising awareness of *blessing*. Sitting in a pub for lunch, we noticed a group of truckers at the bar who were finishing off their Guinness. As each one finished and began to leave, the others called out to him, "God bless you now, safe drive." What do we do when we bless someone? Essentially, we are imitating God, seeing another person as God sees them.

If we take a look at the first chapter of the Book of Genesis, we find that the author reflected that at the end of creation God viewed it all. The writer says: *God saw all that was made, and indeed it was very good* (Gen.1:31). There is probably no clearer statement of the goodness of creation, our world and each and every creature on the earth – including ourselves. Genesis is a reminder that God takes delight in all these works that form creation. God does indeed see you and I and every created thing as a blessing. It is no small thing, that we recognize we are blessed and that we can bless one another.

St. Paul as he opened his letter to the little community of Christians in Corinth (1 Cor.1:26-31), noted that they were quite ordinary. They were not powerful or great, they were not noble or especially wise. But they were especially chosen by God. Their lives personally and as a community was firmly founded on Jesus the Christ. They were truly blessed.

The spiritual writer, Ron Rolheiser has a wonderful treatment of what we mean by a blessing in his book *Against an Infinite Horizon: The Finger of God in Our Everyday Lives*. In chapter 2 he focuses our attention on the significance of seeing that we are blessed and that we pass that blessing on to others. Recognizing that we are all blessed and can pass this on to others is a form of delight that God expressed in all creation. If God can look at the created universe and in the words of Genesis declare all to be "very good", we can do nothing less.

When we bless someone, we are indicating that like God, we take delight in that person, that this person is special to us and to God. Like God, we want the best for them. It is this that calls parents to bless

their children, friends to bless their friends, members of a community to bless one another, and yes, truckers to bless their fellow truckers in an Irish pub.

In Matthew 5:1-12 we hear the beginning of the Sermon on the Mount. We hear Jesus acknowledging the manner in which God views us all. This opening section of the Sermon is referred to as the Beatitudes. These are blessings conferred on us, all of us, in the many experiences that mark our lives. We need to know that in the midst of each and every experience of our lives, God constantly sees the goodness that rests in us and in all creation. God takes delight in us.

Jesus will go on in the Sermon to call us to let this goodness, this "salt" and "light", shine before our world. But it is important that we first recognize that God blesses us with this goodness – even when we do not feel that goodness.

As we conclude each Eucharistic gathering, we leave the table with a blessing for each person who has been with us. We recognize and express the delight in which the God, the Father, Son and Holy Spirit holds each and every one of us. Leaving the table at home, especially when we have shared a meal with visitors, we do the same. In saying Goodbye, we bless them with "God be with you".

Your 2025 Donation Receipts are available to pick up at the church entrance. Please advise the parish office if you wish to have your receipt mailed and confirm your address. Thank you for your continued generosity to our parish.

Knights of Columbus Community Breakfast: Sunday, February 8th from 10:00AM to 1:00PM at the Knicol Hall, 170 Regent Street. Adults \$ 12.00, Children \$ 5.00 and Families \$35.00 Everyone welcome.